

## **Drop-off and waiting for class to start**

Due to current COVID restrictions, we will only be able to allow dancers inside the building at this time. Parents, siblings and all others are asked to either wait in their cars or to return at the end of class. If you would like to watch class via our Zoom link, please ask for the QR Code at the door and you will be able to easily login and observe class as it happens!

Upon arrival, please have your dancer come to our front doors and a VDC staff member will let them in. Masks are currently required at all times while dancers are inside the VDC building, including during class.

## **Inside the building**

As dancers enter the building, they will be asked to apply hand sanitizer and have their temperature taken.

Inside the dance room, there will be a number of large squares taped on the floor. Each dancer will use one square as their personal dance space for class. These squares are spaced apart so dancers can remain properly socially distanced throughout their time at VDC.

Teachers will be using limited hands-on corrections for dancers and dancers will not be allowed to touch each other, hug, hold hands, etc. Props will not be used in classes. Ballet barres may be used in some classes. If they are used, the teacher or a staff member will wipe them down prior to and following their use.

VDC's water fountain, dressing room and waiting area are closed for now.

If you have a question or need assistance during class, you can contact our front desk staff at 703-393-1964. We ask that you please not approach staff and teachers outside with questions during the changing of classes. They will be working to get our dancers in and out of the building and we want to keep classes moving forward and running on time. Our front desk staff will be happy to assist you by phone once we get dancers into class.

**What to bring to class:**

- Dance shoes needed for classes that day
- A water bottle labeled with their name
- Personal hand sanitizer (optional)

**What NOT to bring to class:**

- A dance bag unless absolutely necessary; if a bag is needed, please use a smaller size
- A change of clothes; come dressed for dance class (the dressing room will be closed)
- Food or snacks of any kind

## **End of classes and pick-up**

For the safety of our dancers and staff, we will be using a commercial fogger and hospital-grade disinfectant to sanitize the dance room and restroom at the end of each class. All surfaces, such as window ledges, light switches, door handles, etc. will be wiped down frequently throughout the hours we are open each day.

Due to the necessity of sanitizing the dance room between each class, we will be ending classes early on the following schedule:

- All 45 and 60 minute classes will end 10 minutes early.
- All 30 minute classes will end 5 minutes early.

If your dancer has back-to-back classes, he/she may be asked to exit the building while we sanitize. If the weather does not permit waiting outside, dancers will be allowed to wait in the waiting room while we disinfect.

If your dancer has a break of more than 15 minutes between classes, they will be asked to exit the building and return for their next class at the later

time. Exceptions can be made for dancers to remain in the waiting room if they cannot get a ride back to the studio for subsequent classes. Please send an email describing the situation to [Jessica@vadancecenter.com](mailto:Jessica@vadancecenter.com) and we will get back to you.

### **Not feeling well?**

If your dancer is not feeling well, is running a fever or is experiencing symptoms of COVID-19 (including, but not limited to coughing, chills, sore throat, headache, shortness of breath, or loss of taste or smell), OR if they have had contact with anyone who has tested positive for COVID-19 in the last two weeks, do NOT send them to the dance studio.

### **Not ready for in-person classes and would prefer virtual class?**

While we are excited to get back to dance and we can't wait to see all of our dancers, we understand that not everyone may be ready for in-person classes. We are happy to continue offering a Zoom/online option for all of our classes. If you are already registered for our Zoom option, you will receive the Zoom link in the coming days. If you would like to switch to the Zoom option, please contact the office.